



BODY SWING CONNECTION

SIGN UP TODAY!

Learn to Swing Your Swing

Keep your head down! Rotate more! Get a full turn! Is this good advice? Your swing needs to match your physical limitations (and we all have them). Join this clinic to find your most natural swing & **gain CONFIDENCE!**



All Skill Levels Welcome

Cost: \$30

Clinic Schedule: 1.5 hour

Physical Screens —30 min

physical screens help you understand your range of movement and limitations

What it means for YOU—30 min

YOUR Natural Swing—10 min

Range Time & Wrap up —20 min

Hosted by:

Mike Weingartner, Player Development Programs Coordinator with Golf Westminster.

Mike is PGA Member and Titleist Performance Institute certified. Mike's belief is there is no ONE way to swing, but there is ONE way for YOU to swing to max out your power. That is at the heart of his teaching; being able to help you find your efficient move.